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### Oral Sedation Information and Consent Form

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Ativan (Lorazepam), although usually prescribed as a sleeping pill, is a medication that can greatly minimize anxiety that may be associated with going to the dentist. In a relaxed state, you will still be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective and wears off rapidly after the dental visit, you should be aware of some important precautions and considerations.

1. This consent form and the dental treatment consent form should be signed before you take the medication. This consent is invalid if signed after you take the pills.
2. Do not drive after you have taken the medication. The peak effect occurs between 1 and 2 hours. After that, it starts wearing off and most people feel normal after 6-8 hours. For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day. Wait until tomorrow.
3. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia and nausea. To reduce the chances of nausea do not eat or drink opaque liquids (coffee, milk, orange juice) for at least 6 hours before your appointment. You may drink clear liquids (water, apple juice) up to 2 hours before the procedure. If your surgery is in the morning, do not eat or drink anything between bedtime and your scheduled appointment. If your surgery is at 1pm., you may eat a light breakfast before 7pm. Afterwards, do not eat or drink anything until after the appointment.
4. Smokers will probably notice a decrease in the medications "ability to achieve desired results".
5. Nitrous oxide may be used in conjunction with Lorazepam and local anesthetic.
6. On the way home from the dentist, your seat in the car should be in a reclined position. When at home, lie down with your head slightly elevated or on your side. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.
7. Please do not wear fingernail polish (on at least one finger). Wear comfortable shoes.
8. This medication should not be used if:
  - You are hypersensitive to benzodiazepines (Valium, Halcyon, Versed, Etc).
  - You are pregnant or breastfeeding.
  - You have liver or kidney disease.

Tell the doctor if you are taking any other medication as it may interact with this medicine.

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Witness: \_\_\_\_\_

Date: \_\_\_\_\_